



Northumbria Healthcare
NHS Foundation Trust

THE
NORTHUMBRIA WAY

PEOPLE CARING FOR PEOPLE

Winter Plan 2022/23

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Hospital context

NORTHUMBRIA HEALTHCARE NHS FOUNDATION TRUST

A&E Attendances - Trust wide

01/01/2020 - 12/10/2022



- Performance remains challenging for a number of reasons
- Increasing attendances generally (ED, UTCs, Ambulatory care)
- Increase in admission numbers and length of stay
- Impacted by large number of factors

AND

- Crowding continues to be a concern
- Maintaining flow is essential this winter
- Bed base and effective discharge arrangements are vital

Plan considers

- Bed requirement
- Critical care capacity
- Elective recovery
- Paediatric impact
- Community services
- External partners
- Staffing and recruitment - Health and wellbeing of staff
- Key messaging internally is ‘responsiveness and agility’

New senior ‘oversight’ roles for Eliot Sykes, Simon Eaton and Elaine Henderson

The next six months

- Well rehearsed winter pressures
- Workforce
 - Deeper dive into wards/depts to include the triangulation of sickness absence, bank usage, staff experience data, vacancies etc. to provide us with the intelligence to focus where we need too
- Elective work delivery
- Covid and other winter illnesses, inc. flu & norovirus; prevention and control; impact on flow; reinforcing handwashing
- Primary aim through all our plans is to continue to deliver high quality care and maintain patient safety
 - Demand at front door, Ambulance corridor
 - Crowding – Emergency Department (ED), ambulatory care and waiting rooms
 - Flow, including discharge
 - Minimise falls risk, delirium, nosocomial infection, etc.

Staff Wellbeing Portal

PEOPLE **CARING** FOR PEOPLE

Your health and wellbeing is important to us so we have pulled together a range of useful resources to help you quickly find information to support you and your family's health and wellbeing. The resources are divided into five categories below, each housing a range of links to useful websites, information and guidance and trust documents that you may find useful.



Mental Wellbeing

Go



Physical Health

Go



Self care

Go



Supporting others

Go



Financial Wellbeing

Go



External Partners

- Working closely with NEAS – pilot with ED consultants
- Close links with PCNs and primary care
- External transport company extended hours
- Primary care and LA bimonthly calls to ensure we understand each other's pressures
- Development of additional short term placement beds in NT
- Regular Directors network calls across all trusts in the region – working across our health system



Thank you – any questions?

